



# **KARPAGA VINAYAGA**

## **COLLEGE OF ENGINEERING AND TECHNOLOGY**

(Approved by AICTE, New Delhi, Affiliated to Anna University, Chennai and Accredited by NAAC)  
GST Road, Chinnakolambakkam, Madhuranthagam Taluk, Chengalpattu District - 603 308, Tamil Nadu

## **BEST PRACTICES - II**



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**Title of the Practice:** Professional advice and guidance through students mentoring system and Psychosocial counselling.

**Objective of the Practice:**

1. To make students aware of their own strengths and weaknesses so that they can take appropriate corrective action.
2. To make students emotionally stable in sensitive situations through Student Counsellor (Psychosocial Doctor)
3. To promote clarity in thinking and decision making among students.
4. Monitor, counsel, guide, and motivate students in all academic pursuits on a continuous basis.

**The Context:**

This system has been introduced to establish a better and effective student-teacher relationship and guide the students in Academic matters through aca and solve students Psychosocial problems.

**Academic Mentor Counseling:**

- 15 - 20 students are assigned with each mentor and are counselled on academic issues during the mentor hour as scheduled.
- All teachers work as Mentors to the students allotted to them and collect student's personal details.
- Students will have to go and meet their Mentor at least once in a week for guidance.
- The Mentor will note the performance of the students in tests and examinations and also their behaviour.
- Identification of issues for a particular student Counseling and suggestions.
- Remedial suggestions regular observations for further improvement.
- Their doubts are cleared and encouraged to solve many Question Banks Personal Counseling.
- Sensitive cases are referred to Chief Mentor, Gender Issue Cell/ Women empowerment Cell for further counselling.



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- Mentors counsel students on career guidance, industrial needs, opportunities available, management and professional ethics, Entrepreneurship, etc.

### Psychosocial Counseling:

- Dr. Sethumathavan from Karpaga Vinayaga Institute of Medical Sciences, regularly visit and counsel our students for their health and stress management and fostering their resilience and tools to express and overcome grief and adversity.
- Counseling will be given on all working days.
- Very sensitive cases are informed to their parents for remedial measures.
- Parents can meet counselor with the prior appointment during all working days.

### **Evidence of Success:**

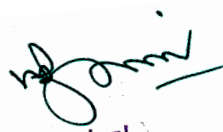
- Improvements in performance in the daily test, internal assessments, Model exam and University examinations are evidence of the success of student's involvement in the regular learning process.
- The regularity to college, involvement in co-curricular activities and committed towards the academic work and discipline of the students after counseling is the evidence of their positive behavioural changes.

### **Problems Encountered:**

- The students have limited time to interact with their mentor apart from the time schedule on the timetable.
- Inadequate availability of time for faculty members to aid students' community as mentor beyond college hours.

### **Resources Required:**

- Students
- Faculty
- Student Counsellor (Psychosocial Doctor)

  
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